| Syllabus for Lifespan Development– Eureka Campus |                                 |   |  |  |
|--|---------------------------------|---|--|--|
| Semester & Year                                  | Fall 2016                       |   |  |  |
| Course ID and Section #                          | Psych 11 V2199                  |   |  |  |
| Instructor's Name                                | L Mark Winter                   |   |  |  |
| Day/Time   | Beginning 8/29 and Ending 12/16 |   |  |  |
| Location   | Online                          |   |  |  |
| <b>Number of Credits/Units</b>                   | 3.0                             |   |  |  |
|  | Office location                 | CA 132 (Eureka)   |  |  |
| Contact Information                              | Office hours                    | MW 11-12 & TTh 3-4  |  |  |
| Contact Information                              | Phone number                    | 707-476-4310  |  |  |
|  | Email address                   | mark-winter@redwoods.edu                                    |  |  |
|  | Title & Edition                 | Human Development: A Cultural Approach (2 <sup>nd</sup> Ed) |  |  |
| <b>Textbook Information</b>                      | Author                          | Jeffrey Jensen Arnett                                       |  |  |
|  | ISBN                            | 978-0-13-379242-3   |  |  |

#### **Course Description**

A course covering the scientific study of human development across the lifespan. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in lifespan development. Topics include biological, cognitive, and psycho-social processes in the context of prenatal, infant, child, adolescent, and adult development.

#### **Student Learning Outcomes**

(1) Analyze how biological, psychological, and social processes affect human development. (2) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development. (3) Analyze and/or apply developmental research in writing. (4) Identify and describe classic and contemporary theories and research in lifespan psychology. (5) Identify and describe the techniques and methods used by developmental psychologists to study human development. (6) Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

#### **Special Accommodations**

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact <a href="Disabled Students Programs and Services">Disabled Students Programs and Services</a>. Students may make requests for alternative media by contacting DSPS at 707-476-4280.

#### **Academic Support**

Academic support is available at <u>Counseling and Advising</u> and includes academic advising and educational planning, <u>Academic Support Center</u> for tutoring and proctored tests, and <u>Extended</u> <u>Opportunity Programs & Services</u>, for eligible students, with advising, assistance, tutoring, and more.

# **Academic Honesty**

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the

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student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at:

www.redwoods.edu/district/board/new/chapter5/documents/AP5500StudentConductCodeandDisciplinaryProcedure <a href="mailto:srev1.pdf">srev1.pdf</a> Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

#### **Disruptive Classroom Behavior**

building:

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process a disruptive student may be temporarily removed from class. In addition, he or she may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at:

 $\underline{www.redwoods.edu/district/board/new/chapter5/documents/AP5500StudentConductCodeandDisciplinaryProcedures rev1.pdf$ 

Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

# **Emergency Procedures for the** <u>Eureka </u>campus:

Please review the campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). The Eureka **campus emergency map** is available at: (<a href="http://www.redwoods.edu/Eureka/campus-maps/EurekaMap">http://www.redwoods.edu/Eureka/campus-maps/EurekaMap</a> emergency.pdf). For more information on Public Safety, go to <a href="http://redwoods.edu/safety/">http://redwoods.edu/safety/</a> In an emergency that requires an evacuation of the

- Be aware of all marked exits from your area and building.
- Once outside, move to the nearest evacuation point outside your building:
- Keep streets and walkways clear for emergency vehicles and personnel.
- Do not leave campus, unless it has been deemed safe by the Incident Commander or campus authorities. (CR's lower parking lot and Tompkins Hill Rd are within the Tsunami Zone.)

**RAVE** – College of the Redwoods has implemented an emergency alert system. In the event of an emergency on campus you can receive an alert through your personal email and/or phones at your home, office, and cell. Registration is necessary in order to receive emergency alerts. Please go to <a href="https://www.GetRave.com/login/Redwoods">https://www.GetRave.com/login/Redwoods</a> and use the "Register" button on the top right portion of the registration page to create an account. During the registration process you can elect to add additional information, such as office phone, home phone, cell phone, and personal email. Please use your CR email address as your primary Registration Email. Your CR email address ends with "redwoods.edu." Please contact Public Safety at 707-476-4112 or <a href="mailto:security@redwoods.edu">security@redwoods.edu</a> if you have any questions.

College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.

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# Lifespan Development Psych 11 – Section V2199 Fall 2016

Instructor: L. Mark Winter, PhD

Office: Creative Arts 132, Eureka Campus

Office Hours: TBA, and by appt.

Email: mark-winter@redwoods.edu

Phone: 707-476-4310

Class Website: https://redwoods.instructure.com

**Course Description:** A course covering the scientific study of human development across the lifespan. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in lifespan development. Topics include biological, cognitive, and psycho-social processes in the context of prenatal, infant, child, adolescent, and adult development.

Course Learning Outcomes: (1) Analyze how biological, psychological, and social processes affect human development. (2) Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development. (3) Analyze and/or apply developmental research in writing. (4) Identify and describe classic and contemporary theories and research in lifespan psychology. (5) Identify and describe the techniques and methods used by developmental psychologists to study human development. (6) Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

**Computer Skills**: Online courses require adequate computer skills. You should be able to navigate the course website, open and download files, use a word processor with either Microsoft word (.docx) or be able to convert files to portable document format (.pdf), and submit files to the class website. It is your responsibility to meet the technological demands of the course.

**Computer Requirements**: Most computers and internet providers are adequate. I would recommend broadband services from cable, DSL, or satellite providers as there are required multimedia assignments. You need to have reliable access to the internet at least two times a week for 16 weeks. Anticipate problems with your computer and internet access (including power outages) by not waiting until the last minute to submit assignments. It is your responsibility to meet the class deadlines.

**Student Commitment:** Your commitment will require at least as much time as you dedicate to a traditional class. A typical three credit hour class will require about nine hours per week of your time. You will need to carefully read online lectures and textbook chapters, participate in online activities and watch online videos, participate in online discussions, complete weekly quizzes, and submit a written exam (proctored) and paper. Conscientiousness, attention to details, and college-level reading and writing are critical for success.

**Instructor Commitment:** I dedicate as much or more time to this class compared to a traditional class. I will access the class website regularly and respond to posted questions and messages within 48 hours. Additionally, I read every discussion forum post and occasionally participate. There is also regular instructor-based communication with weekly announcements, lectures, evaluative feedback to your discussion posts, and emails/messages to students who fall behind.

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**Required Text/Resources:** The class requires the textbook <u>Human Development: A Cultural Approach</u> (2nd Ed) by Arnett, Jeffrey Jensen (2016), Pearson.

The **Text** (ISBN-978-0-13-379242-3) can be purchased new, used, or rented from a commercial vendor such as the College of the Redwoods Bookstore, Amazon.com, or Chegg.com. You do **not** need to purchase MyPsychLab. The book is sufficient. Note: I recommend the 2<sup>nd</sup> edition, although it is similar to the 1<sup>st</sup> edition in its chapter layout. The 1<sup>st</sup> edition is a less expensive substitute although some content and quiz answers may not be found as the quiz questions come directly from the 2<sup>nd</sup> edition.

Please have access to the text by the first week of class as assignments begin immediately and are due by the end of the week. A copy of the text is available on two-hour reserve at the LRC on the Eureka campus.

Class Discussions (120 points): Each week has a discussion based on a video prompt. You will receive up to a maximum of 10 points for postings and responses to other peoples' postings (see scoring below). This is an important and required part of the class. The discussion forum is accessed at the class website. The lowest two scores will be dropped for your final grade.

**Primary Post** -- 6 points possible -- Your primary post must:

- **React analytically**, not a summary or personal example (1 point)
- Relate and apply topic to your own personal experience (1 point)
- **Contribute** something new to the topic, include source (1 point)
- Use correct grammar, spelling, punctuation, and complete sentences (1 point)
- **Be posted before** the Thursday deadline (1 point)
- **Meet** the 300 word minimum length (1 point)

**Reply Postings** -- 4 points possible – Each of your **two reply posts** must:

- **React thoughtfully** to the content of a classmate's primary post. **Focus your reply** on your classmate's post, not on your personal experiences (1 point for each of two replies)
- **Meet** the 100 word minimum length (.5 point for each of two replies)
- **Use** correct grammar, spelling, punctuation, and complete sentences (.5 point for each of two replies)

Chapter Quizzes (180 points): Each chapter will have a quiz consisting of 30 timed multiple-choice items (each worth ½ pt.) based on the week's readings from the textbook, assigned videos, and instructor's online lectures. Quizzes are available beginning Mondays the week the chapters are presented and until the deadlines on Sundays at 11:59 pm. Quiz scores are available immediately and correct answers are available after the Sunday deadline. You should prepare as you would in a face-to-face class. You are limited to a total of 30 minutes for each quiz. While technically an open-book quiz, you will not have time to search and find all of the answers in the lecture, videos, and textbook. You can take each quiz twice with the higher score recorded in the gradebook. The two lowest chapter quiz scores will be dropped for your final grade.

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**Midterm Exam (50 points):** The midterm exam will consist of 10 essay questions identifying developmental concepts and applying information from text and lectures to your childhood\*.

**Final Exam (50 points):** The exam will consist of 10 essay questions identifying developmental concepts and applying information from the text and lectures to your adolescence and adulthood.

| Dates                | Topics  | Assignments                                       |
|----------------------|---|---|
| Week 01              | Introduction to Human Development   | Chapter 1   |
| Aug 29 –<br>Sept 04  | Section 1: Human development today and its origins  | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 02              | Introduction to Human Development   | Chapter 1   |
| Sept 05 –<br>Sept 11 | Section 2: Theories of human development Section 3: How we study human development  | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 03              | Genetics and Prenatal Development   | Chapter 2   |
| Sept 12–<br>Sept 18  | Section 1: Genetic influences on development Section 2: Prenatal develop. and prenatal care Section 3: Pregnancy problems | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 04              | Birth and the Newborn   | Chapter 3   |
| Sept 19–<br>Sept 25  | Section 1: Birth and its cultural context Section 2: The neonate Section 3: Caring for the neonate                        | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 05              | Infancy   | Chapter 4   |
| Sept 26–<br>Oct 02   | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development              | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 06              | Toddlerhood   | Chapter 5   |
| Oct 03–<br>Oct 09    | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development              | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |

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| Week 07           | Early Childhood  | Chapter 6   |
|-------------------|--|---|
| Oct 10–<br>Oct 16 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 08           | Middle Childhood   | Chapter 7   |
| Oct 17–<br>Oct 23 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 09           | Midterm Exam   | Exam  |
| Oct 24–30         |  |   |
| Week 10           | Adolescence  | Chapter 8   |
| Oct 31– Nov<br>06 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 11           | Emerging Adulthood   | Chapter 9   |
| Nov 07–<br>Nov 13 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 12           | Young Adulthood  | Chapter 10  |
| Nov 14–<br>Nov 20 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 13           | Middle Adulthood   | Chapter 11  |
| Nov 21–<br>Nov 27 | Section 1: Physical development Section 2: Cognitive development Section 3: Emotional and social development | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |
| Week 14           | Late Adulthood   | Chapter 12  |

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| Syllabus for Lifespan Development– Eureka Campus |   |   |  |  |  |
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| Dec 04   | Section 2: Cognitive development Section 3: Emotional and social development  | Videos, Quiz, and<br>Discussion                   |  |  |  |
| Week 15  | Death and Afterlife Beliefs   | Chapter 13  |  |  |  |
| Dec 05-<br>Dec 11                                | Section 1: Physical aspects of death Section 2: Responses to death Section 3: Beliefs about death and the afterlife | Text, Lecture,<br>Videos, Quiz, and<br>Discussion |  |  |  |
| Week 16  | Final Exam  | Exam  |  |  |  |
| Dec 12-16  |   |   |  |  |  |

**Grade Distribution: A**=93% and above, **A**-=90-92%, **B**+=88-89%, **B**=83-87, **B**-=80-82%, **C**+=78-79%, **C**=65-77%, **D**=60-64%, **F**=59% and below

Code of Conduct: Please familiarize yourself with the Student Code of Conduct (AP 5500). It is required that you do your own work. All papers, postings, and exams must be completed by you without assistance. Do not use any source except the textbook or instructor's lectures in your discussion posts without proper citation. In cases involving academic dishonesty, determination of the grade and your status in the course is left primarily to the discretion of the instructor. In such cases where the instructor determines that you have demonstrated academic dishonesty, you may receive a failing grade for the assignment and/or exam and may be reported to the Dean of Students. Finally, please be respectful to your classmates. Be kind and considerate in all of your postings and responses to the discussion forum.

**Students with Disabilities:** This class is designed to comply with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact <u>Disabled Students Programs and Services</u>. Students may make requests for alternative media by contacting DSPS at 707-476-4280.

**Notes:** While I make every effort to follow the standards and schedule of this syllabus there may be times when changes are necessary. I will inform the class through the announcement board and/or class email of any changes. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation through the 10<sup>th</sup> week of class. Non-participation for two weeks of assignments may result in involuntary withdrawal. \*Writing about your life might be difficult. If, for example, you write about child abuse, I may be obligated to report to Child Welfare Services. For purposes of this exam, you are free to create fictitious life experiences in order to meet the grading criteria. Honesty and self-disclosure are not necessary. Please contact me directly with any concerns or questions.

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